



Venite Adoremus

Sancta Clara Newsletter

The Newsletter of the Poor Clares of Perpetual Adoration Canton, Ohio

Winter 2007

Our First Newsletter !!!

Volume 1 . Issue 1



The Holy Spirit led Francis to follow a way of life that united prayer and preaching . . . while that same Spirit led Clare and her sisters to embrace an enclosed contemplative life. *Our role is to support and sustain the Church through prayer and sacrifice.* We also do the same for the whole world! We dedicate our lives to Eucharistic Adoration. We adore Jesus in the Blessed Sacrament day and night.

The New Bride of Christ the King !



February 2 was the Feast of the Presentation, World day for Consecrated Life and Candlemas. It was also the day our Sister Mary Ishmael Lattner of the Eucharist made her solemn vows ! After six years of formation, Sr. Ishmael became the spouse of Jesus for all eternity ! It was her wedding day with Jesus. Every seat in our church was filled with people and every eye was filled with tears of great emotion.

Sr. Ishmael's family (including her 93 year old mom) chartered a bus for the 11 hour trip from the family farm in Iowa. (Sister is a nurse with her master's degree in addition to being an adorer.)

Sr. Ishmael radiated happiness as she lay prostrate on the sanctuary floor in front of the altar. Her brown veil was crowned with a wreath of antique yellow roses.

CONGRATULATIONS, Dear Sister !



Thank You for Celebrating Jesus with us on sister's solemn vows

WELCOME to our new POSTULANT!

The stork left a new bundle of joy on our doorstep, Our new postulant, Sr. Felicity Palo, hails from Queens, New York, where she worked in pastoral care.

She received a special sign from God that he wanted her to stick to Sancta Clara like a glue. Sr. Felicity was checking our guest



apartment for readiness when she discovered her feet were literally stuck to the floor! One of our workers had just put down glue to dry before installing new flooring. It took lots of washing and scrubbing with a hard brush to remove that goo from sister's slippers. It's OK. . . sister say's she's stuck on God, too. (Duncan, sister forgives you!)

NUNS PARTY HARDY

Saturday, February 10 was our "Party for Jesus" at supper. Sr. Marion made delicious homemade pizza (choice of all cheese or "the works" with peppers, onions, pepperoni and meat) and soda.

The sisters took turns telling jokes and stories about their childhood. We laughed until tears rolled down our faces . . . full of the "joy of the Lord."

After our party, we proceeded to chapel with night prayer and rosary with a happy glow in our hearts.

NUNS ON THE MOVE



The sisters believe we are stewards of the earth and our bodies. We maintain a healthy lifestyle including exercise. You can often spot a nun briskly walking or riding a bicycle (habit and veil blowing in the wind!) on our grounds in the afternoon. We also have a treadmill and stationary bike in our basement.



Just walking from one end of our very large monastery to the other provides lot of exercise for the indoor types, too.

MEET OUR PETS

St. Francis is the patron saint of animals and saw God reflected in all creation.

Sr. Anna has a bunny named Bonnie and a pet rat called "Annie". The latter is always in his "cage" home . . . for which many of the sisters are grateful. We also have colorful tropical fish which are lovingly tended by Sr. Marion.



"Cinnamon" is the dog who lives on our property with our friend, Bonny. She looks like orphan Annie's dog, "Sandy." Cinnamon will wag her tail with delight and jump for joy at the sight of any of our sisters.



Sr. Gertrude, is that you with your face swathed in a scarf, enjoying the snow with Cinnamon "playing in a winter wonderland." ?

"Little Bit" (our fluffy cat)



loves to sit with us as we do our night adoration. She wants to adore her creator like the sisters do.



" Praise the Lord, all you creatures! "

MONASTERY TIDBITS : DID YOU KNOW ?????



♥ Did you know that our beloved Abbess, Mother Marion, recently celebrated her 70th birthday!

She is a powerhouse of loving energy leadership, and optimism.



The novitiate put on a funny skit that all the sisters enjoyed. We celebrated with ice cream, cake and good fellowship.



"Joy is the most infallible sign of the presence of God."

Teilhard de Chardin

Joyfully pictured from left: Seated- Sr. Mary Anna (vicar), Mother Marion (abbess), and Sr. Mary Assumpta. Standing (from left) second row: Sr. Mary Gertrude, Sr. Mary Ishmael, Sr. Mary Felicity (postulant), Sr. Mary Dominique (white-veiled novice) and Sr. Mary Frances. Third Row- Sr. Mary Anthony and Sr. Mary Magdalen

♥ Did you know that Sr. Mary Frances was a marine in WWII? She says she did a lot of office work but had a lot of fun, too. Eleanor Roosevelt, First Lady at the time, watched Sr. Mary Frances march in formation with her troop.



(Sister says she joined on a dare. Dare we ask how she joined the sisters? It must have been an express invitation from our Eucharistic King.)



♥ Did you know that our Sr. Magdalen owned/rode a motorcycle and a horse? That was in the time "B.C."...before convent. We still marvel at her speed in motion. One moment she's in one part of the monastery ... and the next in another. Now sister, we know you can't bilocate like Padre Pio!



♥ Did you know that nuns LOVE ICE CREAM! We usually eat ice cream only on special occasions. We caught



Sister Mary Anthony "off-guard" while she was indulging her sweet tooth. We asked her if was s o m e b o d y ' s birthday. Sister replied, "Well, everyday is SOMEBODY's birthday."

♥ Did you know that Sr. Mary Assumpta's grandfather, William Green, was the president of the "A F L" (American Federation of Labor) from 1924-1952. No wonder Sister is such a good worker! That is our dear Sr. Assumpta pictured on the right immaculately cleaning our refectory (dining room) floor.



♥ Did you know that our vicar, Sr. Anna (91 years young) lived as an extern sister (dealing with the public) for many years in Bangladesh. She baptized many babies, fed the hungry and lepers...and loved every minute of it. "I still dream that I am back there." sighs our dear Sister.

**COME ! Let us adore
His Eucharistic Glory!**

Come and add "the Eucharistic power / presence" to your prayers! You can be with Jesus from **7 am to 4:30 pm** each day, here at Sancta Clara Monastery. Jesus is present in the Eucharist as much as He is truly present in heaven - Body, Blood, Soul and Divinity.

Jesus is accepting intentions, problems, complaints, love and adoration. You are **GUARANTEED** to leave with a happier, more peaceful heart. Bask in that **EUCCHARISTIC LOVE! AAAH!!!**

**Why are our sisters
so happy and smiling ?**

Do you secretly envy that place ?

COME and EXPERIENCE

the "JOY" the world cannot give.



**Venite Adoremus !
Come, Let us Adore !**

ALMS:

Your sisters still rely on alms for a large part of their sustenance. (It takes a lot of money to heat this big monastery.) Help keep the feet of your Poor Clares as warm as their hearts. Checks can be made out to **Poor Clares of Perpetual Adoration** and are tax-deductible. An envelope is enclosed for your convenience.



Please use it to send us your intentions and/or a donation. Your intentions will be placed in a prayer basket beneath the Blessed Sacrament. God will make sure your donation comes back to you in countless blessings. **Our dear Lord is never outdone in generosity . . . especially when you give to His little brides.**

WHAT TO WATCH FOR !!!

In September, Sister Gertrude will make her solemn vows . Sister requests prayers that her family will get a visa so they can be present. **Sister Gertrude is our cook. She is also a nurse. Her cheesecake and stir-frys are quite delicious . . . as is everything she whips up.**

Also coming in Summer , our Japanese flower, Sr. Dominique, will make her first profession. She will trade her white novice veil for a brown one. Sister will also receive the Franciscan cord with three knots and the PCPA monstrance pendant. Sister Dominique makes us laugh with her funny antics and jokes. We asked her if she misses anything in the monastery? Sister sighs . . . "horror movies . . . I used to love them." (Knowing this, we gave sister a rubber bat as a joke for Christmas.)



MASS CHAPEL

Sisters, why are you sitting apart from us?

Don't you love us ???

It is because we love you and our Lord we sit "apart" in our mass chapel. We do this to more perfectly observe our enclosed way of life.

Poor Clares of Perpetual Adoration
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